



Italian Olive Oil Dip

Ingredients

- 1/4 cup [olive oil](#)
- 2 cloves garlic (minced)
- 1 tablespoon Italian seasoning (dried, in the spice aisle at your grocer)
- 1 tablespoon fresh ground black pepper
- 1 tablespoon kosher salt (use less if you like or none at all)
- 1 tablespoon red pepper flakes

Directions

1. Combine in a container and serve on a flat plate.
2. Dip warm French bread into oil mixture. There are no preservatives in this recipe so it should be used right away and not stored.