



Spinach, Avocado, and Mango Salad

Ingredients

Dressing:

- 1/3 cup orange juice
- 1 tablespoon red-wine vinegar
- 2 tablespoons of Cibaria [almond oil](#) or [canola oil](#)
- 1 teaspoon Dijon mustard
- 1/4 teaspoon salt, or to taste
- Freshly ground pepper to taste

Salad:

- 10 cups baby spinach leaves (about 8 ounces)
- 1 1/2 cups radicchio, torn into bite-size pieces
- 8-12 small red radishes (1 bunch), sliced
- 1 small ripe mango, sliced
- 1 medium avocado, sliced

Directions

To prepare dressing: Whisk juice, vinegar, oil, mustard, salt and pepper in a bowl.

To prepare salad: Just before serving, combine spinach, radicchio, radishes and mango in a large bowl. Add the dressing; toss to coat. Garnish each serving with avocado slices.