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Nutritional Values according to EU-Regulation for nutrition labeling for foodstuffs

Hemp Oil, pressed

100 ml oil contain in average

Energy value	3448 kJ / 839 kcal
Protein	0 g
Carbohydrates	0 g
thereof sugar	0 g
Fat	93.2 g
saturated fatty acids	11.3 g
monounsaturated fatty acids	12.4 g
polyunsaturated fatty acids	69.5 g
Dietary fibre	0 g
Sodium	0 g
Cholesterol	< 1 mg / 100 ml