



1203 HALL AVENUE • RIVERSIDE • CALIFORNIA • 92509  
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## Oil, vegetable, rice bran

Refuse: 0%

NDB No: 04037 (Nutrient values and weights are for edible portion)

Nutrient	Units	Value per 100 grams	Number of Data Points	Std. Error
Proximates				
[Water	g	0.00	0	0
[Energy	kcal	884	0	0
(Energy	kJ	3699	0	0
Protein	g	0.00	0	—
[Total lipid (fat)	g	100.00	0	0
Ash	g	0.00	0	0
[Carbohydrate, by difference	g	0.00	0	0
Fiber, total dietary	g	—	0	—
[Sugars, total	g	00	0	0
Minerals				
Calcium, Ca	mg	0	0	0
[Iron, Fe	mg	0.07	3	0.015
[Magnesium, Mg	mg	0	0	1
[Phosphorus, P	mg	0	0	0
Potassium, K	mg	0	0	0
Sodium, Na	mg	0	0	0
Zinc, Zn	mg	0.00	0	0
Selenium, Se	meg	0.0	0	0
Vitamins				
Vitamin C, total ascorbic acid	mg	0.0	0	0
Thiamin	mg	0.000	0	0
Riboflavin	mg	0.000	0	0

Niacin	mg	0.000	0	0
Pantothenic acid	mg	0.000	0	0
Vitamin B-6	mg	0.000	0	0
Folate, total	meg	0	0	0
Folic acid	meg	0	0	0
Folate, food	meg	0	0	0
Folate, DFE	mcg_DFE	0	0	0
Vitamin B-12	meg	0.00	0	0
Vitamin A, IU	IU	0	0	0
Vitamin A, RAE	mcg_RAE	0	0	0
Retinol	meg	0	0	0
Vitamin E (alpha-tocopherol)	mg	32.30	1	0
Vitamin K (phylloquinone)	meg	24.7	69	5.831
Lipids				
Fatty acids, total saturated	g	19.700	0	0
4:0	g	0.000	0	0
6:0	g	0.000	0	0
8:0	g	0.000	0	0
10:0	g	0.000	0	0
12:0	g	0.000	0	0
14:0	g	0.700	28	0.131
16:0	g	16.900	31	0.368
18:0	g	1.600	29	0.087
Fatty acids, total monounsaturated	g	39.300	0	0
16:1 undifferentiated	g	0.200	9	0.039
18:1 undifferentiated	g	39.100	38	0.449
20:1	g	0.000	0	0
22:1 undifferentiated	g	0.000	0	0
Fatty acids, total polyunsaturated	g	35.000	0	0
18:2 undifferentiated	g	33.400	38	0.403
18:3 undifferentiated	g	1.600	34	0.159
18:4	g	0.000	0	0
20:4 undifferentiated	g	0.000	0	0
20:5 n-3	g	0.000	0	0
22:5 n-3	g	0.000	0	0
22:6 n-3	g	0.000	0	0
Cholesterol	mg	0	0	0
Phytosterols	mg	1190	2	0
Amino acids				
Tryptophan	g	0.000	0	0

Threonine		0.000	0	0
Isoleucine		0.000	0	0
Leucine		0.000	0	0
Lysine		0.000	0	0
<b>Cystine</b>				
<b>Cystine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Phenylalanine</b>				
<b>Phenylalanine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Tyrosine</b>				
<b>Tyrosine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Valine</b>				
<b>Valine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Arginine</b>				
<b>Arginine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Histidine</b>				
<b>Histidine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Alanine</b>				
<b>Alanine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Aspartic acid</b>				
<b>Aspartic acid</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Glutamic acid</b>				
<b>Glutamic acid</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Glycine</b>				
<b>Glycine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Proline</b>				
<b>Proline</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Serine</b>				
<b>Serine</b>	<b>9</b>	<b>0.000</b>	<b>0</b>	<b>0</b>
<b>Other</b>				
<b>Alcohol, ethyl</b>				
<b>Alcohol, ethyl</b>	<b>9</b>	<b>0.0</b>	<b>0</b>	<b>0</b>
<b>Caffeine</b>				
<b>Caffeine</b>	<b>mg</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Theobromine</b>				
<b>Theobromine</b>	<b>mg</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Carotene, beta</b>				
<b>Carotene, beta</b>	<b>meg</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Carotene, alpha</b>				
<b>Carotene, alpha</b>	<b>meg</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Cryptoxanthin, beta</b>				
<b>Cryptoxanthin, beta</b>	<b>meg</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Lycopene</b>				
<b>Lycopene</b>	<b>meg</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Lutein + zeaxanthin</b>				
<b>Lutein + zeaxanthin</b>	<b>meg</b>	<b>0</b>	<b>0</b>	<b>0</b>